

Bio for Elizabeth Stuyt, MD

Dr. Stuyt is a board-certified Addiction Psychiatrist and has worked in the addiction/behavioral health field since 1990. She was the Medical Director for the Circle Program, a 90-day inpatient treatment program, funded by the state of Colorado, for persons with co-occurring mental illness and substance abuse who have failed other levels of treatment from June 1999 to May 2020. She was instrumental in helping the Circle Program to become tobacco free in January 2000 and has been a strong advocate of the need to address all addictions at the same time, including tobacco, to improve outcomes. She has been actively incorporating complementary treatments into treatment programs, including the 5-point ear acupuncture NADA (National Acupuncture Detoxification Association) protocol and BST (Brain Synchronization Therapy), to help patients recover from addiction as well as trauma which often underlie addiction and chronic pain issues. Her current mission is to educate as many people as possible on the un-intended consequences of the commercialization of marijuana in Colorado, focusing primarily on the deleterious effects of high potency THC on the developing brain.

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